Coaching an Archer – Session Evaluation

COACH NAME	ARCHER NAME	BOW STYLE	DATE

How satisfied were you with how the session went? Give your reasons.	
Explain what changes you made to your plan, if any, giving reasons.	
What coaching styles did you use and how effective were they? Give your reasons?	
Did anything happen that you need advice or help with? If so, what?	
How could you improve what you do next time?	
Make a note of any feedback you got on this session from other coaches.	
Is there anything that you could do to develop your coaching skills that you could add to a Personal Action Plan?	